

The book was found

Essential Oils For Chocolate Truffles, Chocolate Candy, And Chocolate Desserts: The 15 Minute Guide To Making Chocolates With Essential Oils-How To Make ... Oils (Essential Oils For Chocolate Lovers)





Synopsis

Two of my favorite things in life are chocolate and essential oils. When I learned from a friend a couple of years ago that these were actually being combined, I was delighted! This friend of mine owns and runs a local vegan health food store called The Living Temple, and he actually sells these phenomenal chocolate truffles in his store in Huntington Beach, California. So, once in a while I stroll over there to buy a few, but I decided to figure out how to make them myself. And what a huge success I have had! I have turned friends and neighbors and even strangers onto these little tiny bits of heaven! (If you live in California, you might want to make a special trip over to this health food store and pick up a few--it is definitely worth the trip!) Eating chocolates that are scrumptious is always a feel good thing to do, but why not add some essential oils to your chocolates, and make them healthier and even more scrumptious! My favorite essential oils to add are orange, or peppermint, or lavender. Truffles are one of the easiest candies to make with chocolate, cream, essential oils, and time to create something blissfully elegant, delicious, and decadent. Be sure to use high quality chocolate, which is 62% cacao, if you can find it. And use organic cream too. The quality of these ingredients will really affect the final product! If you are a health nut, like I am, then you have probably read all of the books out there on eating whole foods, and how to use essential oils for your health to treat many health ailments. But, just in case, you should know that the best oil that you can get for your health are classified as CPTG. This means Certified Pure Therapeutic Grade. Many essential oils are classified as "pure" even when they only have 10% - 50% of "pure" plant oil extracts in them, and the remaining percentage of ingredients are actually dangerous chemicals or carrier oils. They can also be laden with plant particles and residues that aren't beneficial to you. The best thing to buy is the oil with the CPTG label. I personally recommend DoTerra oils, and also Young Living. There are food grade oils that are okay in things that you consume orally, such as a tea made from peppermint extracts. OK, so let's get you started. This will be an enjoyable experience all around, because making the chocolates is fun, but then so is eating them! This is going to take your chocolate eating experience to a whole new level! Wait until you try the Classic Chocolate Truffle Recipe, the Peppermint Coconut Chocolate Truffles, and the Healthy Chocolate Pecan Truffles all infused with flavorful and fresh essential oils. Chocolate truffles are a wonderful and luxurious way to treat someone special including yourself!

Book Information

File Size: 1013 KB

Print Length: 11 pages

Simultaneous Device Usage: Unlimited

Publisher: Hopes Avenue Publishing (July 30, 2015)

Publication Date: July 30, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B01344BD68

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #398,847 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #70

inÂ Kindle Store > Kindle Short Reads > 15 minutes (1-11 pages) > Health, Fitness & Dieting #190

inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Quick Workouts #213 inÂ Kindle

Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy

Customer Reviews

I have read several of author Kathleen Kalaf's books in the past and am a fan of her well-written and unique take on nutrition and beauty topics, especially anything having to do with oils. Her latest, "Essential Oils for Chocolate Truffles..." intrigued me because it never occurred to me to combine the two and we definitely enjoy making our own sweets at home. There are several great, and well explained recipes here and we absolutely loved the Classic Chocolate Truffle recipe "Infused with Essential Oils" that we made using this guide. Definitely recommend.

This is a good way to combine 2 of my favorite things.

I'm eating less chocolate these days but this is great.

What better way to get your sweet tooth satisfied than with a HEALTHY candy. Chocolate no less! I tried the Classic Chocolate truffle. It was easy to make and healthy and delious to eat! Who would ever think to use essential oils to make candy? Not me. I am glad I read this short book with some health tips and great easy to follow recipes for candy. I want more!!!!

Because of all the possibly uses of essential oils in this way

yum! great recipes...

Really great!

Delicious easy recipes

[Download to continue reading...](#)

Essential Oils For Chocolate Truffles, Chocolate Candy, and Chocolate Desserts: The 15 Minute Guide To Making Chocolates With Essential Oils-How To Make ... Oils (Essential Oils for Chocolate Lovers) The Complete Photo Guide to Candy Making: All You Need to Know to Make All Types of Candy - The Essential Reference for Beginners to Skilled Candy ... Caramels, Truffles Mints, Marshmallows & More Candy Making Cookbook - 30 Delicious Candy Recipes: The Ultimate Candy Recipe Book French Desserts: The Art of French Desserts: The Very Best Traditional French Desserts & Pastries Cookbook (French Dessert Recipes, French Pastry Recipes, French Desserts Cookbook) Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Aromatherapy & Essential Oils: The Complete Aromatherapy & Essential Oils Guide for Beginners (Essential Oils Book, Aromatherapy Book, Essential Oils and Aromatherapy Recipes for Everyone) Essential Oils For Pets: Ultimate Guide for Amazingly Effective Natural Remedies For Pets (Natural Pet Remedies,Essential Oils Dogs, Essential Oils Cats,Aromatherapy Pets,Essential Oils For Pets,) Essential Oils For Beginners: Essential Oils For Weight Loss: Essential Oils Natural Remedies: Essential Oils Summer And Winter Recipes: Nature's Best Kept Secret For Weight Loss And Balance Health Ketogenic Desserts & Sweet Snacks: Chocolate Lava Cake, Truffles, Brownies, Cookies, Ice Cream & More (Elizabeth Jane Cookbook) The Sweet Book of Candy Making: From the Simple to the Spectacular-How to Make Caramels, Fudge, Hard Candy, Fondant, Toffee, and More! Southern Homemade Candy Collection: Fudge, Truffles, Toffees, Brittle & More! (Southern Cooking Recipes Book 28) Sally's Candy Addiction: Tasty Truffles, Fudges & Treats for Your Sweet-Tooth Fix The Ultimate Guide to Candy Making: Over 25 Candy Recipes to Satisfy Your Sweet Tooth The Liddabit

Sweets Candy Cookbook: How to Make Truly Scrumptious Candy in Your Own Kitchen! The
Beginners Guide to Making Your Own Essential Oils: Complete Guide to Making Your Own
Essential Oils from Scratch & To Improve Your Health and Well-Being ... Health, Healing, Weight
Loss, Coconut Oil) Essential Oils For Dogs: A Practical Guide to Healing Your Dog Faster, Cheaper
and Safer with the Power of Essential Oils (Essential Oils For Dogs in Black&White) Essential Oils
For Dogs: A Practical Guide to Healing Your Dog Faster, Cheaper and Safer with the Power of
Essential Oils (Essential Oils For Dogs) Essential Oils For Psoriasis: A Complete natural guide of
essential oils to eliminate psoriasis: Essential Oils For Skin The Ultimate Soap Making Guide:
Unique Soap Making Recipes & Complete Soap Making Guide for Beginners (Soap Making at
Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)